

Frequently Asked Questions

REGISTRATION

How do I register for the race?

You can pre-register at <http://sandysprint.kintera.org>. The fee is \$25 for adults and \$15 for Children under 12.

You can register on site between 7:00am – 8:00am on Saturday, April 28, 2012. After 4/17/12, the Registration Fee is \$30 for adults and \$20 for Children under 12. The Fee for dogs is \$15.

What is included with the registration fee?

Each registered participant receives:

- Sandy Sprint 5k T-shirt
- Race Entertainment
- Post Race Refreshments
- FREE Parking

When and where do I pick up my race bib, chip and t-shirt?

You may pick your bib, chip and t-shirt on race day. The chip will be inside your bib.

If I plan to bring my children to the course, do they also need to register?

Yes, all participants must be registered for the race. Remember, the proceeds benefit ovarian cancer research and education. Children in strollers are free.

What if I can't attend on race day?

If you cannot attend on race day, you can still participate and fundraise as a Sleepwalker and we will send you your race day shirt in the mail! The Sleepwalker Fee is \$30.

EVENT INFORMATION:

When and where is the race?

The event will be held on Saturday, April 28, 2012, at 8:30 am at the Please Touch Museum in Fairmount Park.

What is the distance of the course?

The distance is a 5K run/walk (approx 3.1 miles). A fun & fast USAT&F certified course.

What is the schedule of events for race day?

7:00 AM – 8:00 AM: Registration; Exhibitor Alley, Survivor Tent and Kid Zone open

8:00 AM – Opening Ceremony

8:00 AM- Survivor Photo & Ceremony

8:15 AM - Race Warm Up

8:25 AM – National Anthem

8:30 AM- Official Start of 5k Run/Walk
10:00 AM- Awards Ceremony

When and where can I see my race results?

Race results will be posted on the Sandy Rollman Ovarian Cancer Foundation's website.

Where do I park on race day?

Free parking for Sandy Sprint 5K participants will be available along Avenue of the Republic and South Concourse Drive.

Will there be food/drinks available on the course? At the finish line?

- There will be one water station on the course and water at the finish line
- There will be free food and drinks available after the race.

Are strollers allowed on the course?

Yes, we just ask that participants with strollers start behind other participants.

AWARDS:

What are the age divisions for the awards?

0-12	30-39	60 +
13-19	40-49	
20-29	50-59	

\$150, \$100 and \$50 cash awards to the top three male/female overall. Medals given to 1st, 2nd and 3rd place male/female 5k runners by age division. Top overall finishing team, top fundraising team, top individual fundraiser and 1st Ovarian Cancer Survivor to cross the finish line will receive prizes. The Corporate Team and the School Team with the most participants will receive trophies.

DONATIONS/SPONSORSHIP:

How do I donate to the Sandy Sprint?

You can fundraise online right from the race site! Please visit www.sandyovarian.org to download a pledge form to fundraise offline.

How do I get more information on sponsoring the event?

For sponsorship information, please contact Robin Cohen at robin@sandyovarian.org or call (610) 446-2272.

Do I have to raise pledges for the race?

While raising pledges is not a requirement to race, all donation pledges are encouraged. Each participant is encouraged to raise \$100.00.

Where does the pledge money/registration fee go?

Proceeds from the event benefit ovarian cancer research and education.

FUNDRAISING ONLINE

Individual and Team Fundraising

Your registration is just the beginning! Remember, raising pledges is the key to furthering the fight against ovarian cancer. Our event sponsors, along with your registration fee, cover the production costs of the Sandy Sprint. Pledges support the fight against and increase awareness of ovarian cancer. That is why it is important that every participant do their best to raise pledges and we ask each Sandy Sprint Team to set a fundraising goal. Establishing a minimum goal of \$250 per team member will ensure that your team makes a significant contribution to our mission.

The Sandy Rollman website is a powerful fundraising tool that ensures secure transactions. A Personal Fundraising Page or a Team Fundraising Page can be created at the time of registration. Every participant is encouraged to visit this site to activate and personalize their Personal or Team Fundraising Page.

A Personal or Team Fundraising Page allows registered participants to personalize a webpage, complete with the reasons for being involved in the fight, a fundraising goal, fundraising progress, and names of online and offline donors. The webpage also provides participants a convenient method to monitor their fundraising progress overall, as all donations both online and offline are posted on the webpage. Offline donations will be posted by the Sandy Rollman Ovarian Cancer Foundation as they are received.

A **Team Page** is can also created for each team and the Team Captain is encouraged to personalize their Team webpage. The Team Captain should state the reasons the team is involved in the fight and the team fundraising goal. Participating as a team is a great way to enhance what is already a moving experience. With the support of your team, training and fundraising are actually easier. A team multiplies the enthusiasm and your impact in the fight against ovarian cancer. When you ask a friend to join your team, ask them to ask others to join as well and before you know it, your team has grown.

Team Member Registration

Each team member needs to register as an individual and pay the \$25.00 registration fee to participant in the Sandy Sprint. To be included on your team's roster, each member must either register with your team name online or complete a registration form with your official team name on it. All team members must be Pre-Registered.

GENERAL INFORMATION

How can I volunteer for this event?

To become a member of the Volunteer Team, please contact the Sandy Rollman Ovarian Cancer Foundation at (610) 446-2272 or email: info@sandyovarian.org.

Who can I contact for more information?

For more information, please contact Robin Cohen at (610) 446-2272 or email: robin@sandyovarian.org.

What if it rains on April 28th?

The Sandy Sprint will take place, rain or shine and registration fees will be considered a donation.

